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Crouch down to meet the level of the —

Crawl into the space

That is formed between the prongs

The inside

The space that is the in-side

If the — were in the ground I would have

There are many sensations felt

if the knees are not bent

is not used

while lifting

and the strong power of the legs

An inhale

naturally forces the body into opening

and extending

out.

If you exhale during a squat, it decreases oxygen force and lessens the intake needed to pump into the large muscles for power.

Bend your knees not your back

Let your legs do the lifting

Get help with heavy or awkward loads

It's been a while

Fuck this thing

Why did you leave it there

Why would you leave it on the floor

You're making life difficult for yourself

Why don't you just leave it leaning up against the wall

I wondered if anyone would trip over the
that
it

drag the —

from —

to—

around the—

it's heavy but you hardly notice

its weight shifts

from left

to right

left

right

left

right

right

left

left

right

left

right

stop

I think

I want you

to tell me

not to use the—

[spoken softly but quickly]

you are going to have to make some

Big

Decisions

you answer a phone call

you walk upstairs

you are about to make some

Big

Decisions

you describe the space through which you're travelling

up stairs

down the corridor

into the kitchen—*[tonal shift, pitch higher, speed increases]*do you remember(?),
 the *up-stairs* kitchen?
 I'm looking out, onto the_____
 it's dark—

you explain you're not as familiar as you felt you were

you're not sure where the light switch is

and what's that smell?*[spoken quickly]*

off food, you guess

there is silence pending on the other end of the line

they await some kind of cue as to What You Might Ask Of Them

Make a

Big Decision

For Me

sorry, I'm just trying to find a light and—this smell, it's really bad actually. Sorry.

you have simultaneously found the light switch and stepped in dog poo

you stepped in Dog Poo

and through the opening
then

stuck

You press down on either side of the U-shaped bend

It rocks—

Trembles

Its balance unstable

Its weight hard to discern

The reminds you of your inabilities

 reminds you of your body

 reminds you of the space that is framed between your neck and your shoulder

 reminds you of having to get help

 reminds you of the feeling you get when you can do something that you thought you couldn't do

 reminds you of your abilities

 reminds you of your hands, and your arms, and the muscles you forgot you had because you don't really ever use them for much which seems like a wasted body

 reminds you of the way you waste your body

 reminds you of being in a situation you can't get out of

 because you have locked yourself in you have signed a contract you have said yes you have walked into a corner you have backed up you have forgotten how to get out

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you say

WITH CONFIDENCE

this time

12

It will fit you just have to

DO
SOMETHING

lift the — up onto your

back

over your shoulder

I asked[] to—

I asked them to

(choose option)

take hold of the — and

step forward

stand next to me

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When

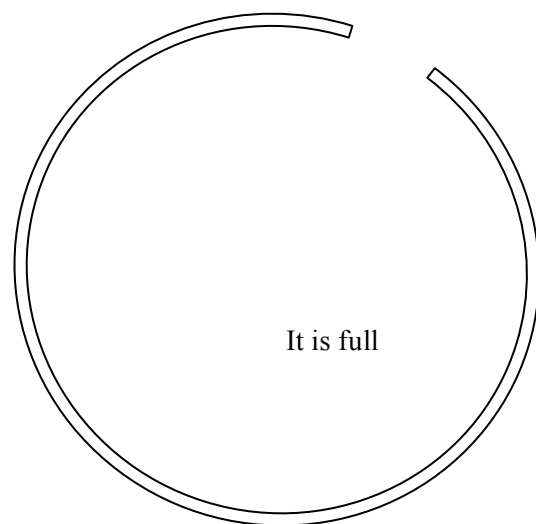
Will

I

I

Begin

By



they said it seemed like a part of something else

like one part

of something

not a whole

not complete

not finished

is there a sequel

what else is there?

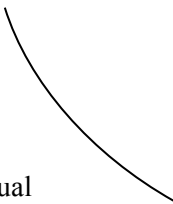
This can't be it

This can't be all

If I let go will you catch it

A space that is defined
By what surrounds it

a virtual
corner

A thin, black, curved line that starts at a point and curves downwards and to the right, ending at another point. It represents a virtual corner in a geometric or mathematical context.

can you

what would-be

could-be

without the

keep going

what has been done

what is still to be done

what is doing

what is being doing

what is being done

what is to do

what is done can be done again

why would you do that again

what have you *done*

what *did* you *do*

what's *done* is *done*

how *could* you *do* that

(how *could* you let [him] *do* that)

to you

who did that

& so on

21

Corner

Angle

Viewpoint

Belvedere

I thought about—

Maybe carrying it there—

Alone—
—with you (there)



The sound of []
Moving across /touching
 /making contact
 with
the bitumen

first up

next up

getting to know you

like a bunch of seagulls

on a chip

for the space next to

for the space under the

how might you do it
how might you have done it
if it were over there
if they just
and you
and they
then you again
just try it over
often it takes practice
look what you made me do
look what you made me do
look what you just made me do look what you just made me do

I was surprised by my own strength

[Doing the bit YOU're not supposed to do]

Yep I reckon that strength is better used shopping

